



# Bulldog Bytes

Beaver Lake Middle School PTSA 2.6.33 [www.blmsptsa.ourschoolpages.com](http://www.blmsptsa.ourschoolpages.com) May 2016  
25025 SE 32<sup>nd</sup> St. Issaquah WA 98029 [blmsptsa@gmail.com](mailto:blmsptsa@gmail.com) Volume 10, Issue 8

Happy Spring, Everyone! April showers bring May flowers and lots of sun!!! :)

It is hard to believe that our school year is getting close to the end. We deeply appreciate having the opportunity to serve as the PTSA Co-Presidents, having met many wonderful people in the Beaver Lake community. It's been especially rewarding to work so closely with the teachers and staff throughout the year. A big "thank you" from us to everyone for helping make the year a success.

Beaver Lake is fortunate to have an amazing group of parents who are actively involved in school and PTSA activities. With our activities, one goal is bringing our students and parents together throughout the year. Whether it's Bingo Night, End of Trimester celebrations or assisting with the magazine drive, we have met many wonderful parents. The variety of PTSA activities gives people a chance to lead or volunteer, or just attend and enjoy. Thanks to all our extraordinary volunteers, teachers and students who make up the BLMS community, and make our accomplishments possible.

If you haven't had a chance to volunteer, we encourage you to consider it for the next school year. It's a great way to support your student, meet new people and contribute to the school. There are plenty of opportunities, so there's usually a good fit for your personality, interests and availability.

We have one more General Membership meeting this school year. The agenda includes discussing our financials, what we have done, and where we expect to go in the coming year. In addition, we will review and approve next year's budget. We really hope you can join us for another great turnout! The meeting is Monday, May 23, starting at 8:30 AM with Pastries with the Principal and our GM meeting. We respect your time and promise to keep the meeting short and sweet!

We are also proud this month to announce, for the second year in a row, we have achieved our goal of having 100% of our Teachers as members and supporters of our PTSA. We appreciate the message this sends to our community where our teachers fully recognize the value of our organization, and what is accomplished year after year on behalf of our students and school.

A note to Parents of Incoming Skyline Freshman and Current Skyline Students: Graduating Seniors of Skyline High School have the opportunity to earn a Service Learning Cord to wear at their graduation ceremony. Your incoming Skyline Freshman (2016-2017 school year) can start earning hours towards this cord after their 8th Grade Promotion. 100 total volunteer hours worked during their time at Skyline is needed to earn this cord. Volunteer hours can be completed over the summer and during the school year. Complete Community Service Guidelines and the Student Record of Community Service form can be found under Service Learning at this link: <http://skylineptsa.ourschoolpages.com/Page/Pta/Forms>

Remember to join Skyline PTSA and support their Pass the Hat campaign. PTSA membership at the high school level is still important, since donations support your student and the school staff through grants. Just like elementary and middle school PTSA membership, you can make a difference in your child's educational environment by being engaged and financially committed.

Finally, big thanks and gratitude to Jennifer Kaczmarek who has been outstanding as our Parent Education Representative. She has brought to our community some great speakers who have provided helpful insights and information. The most recent presenter was Sivie Suckerman, who presented techniques and benefits of Mindfulness. We had an amazing turnout!!! It was a great presentation for all who attended!

Thanks again for another great year!

Amy Teeters & Pam Gross  
BLMS PTSA Co-Presidents



## **PTSA Co-Presidents**

Amy Teeters  
Pam Gross

[blms.president@gmail.com](mailto:blms.president@gmail.com)

## **Treasurer**

Bona Park

[chris\\_bona@msn.com](mailto:chris_bona@msn.com)

## **Secretary**

Krystl McCandlish

[krystlm@hotmail.com](mailto:krystlm@hotmail.com)

## **Co-VP Volunteers**

Susan Brandes

Bridget Salmick

[Volunteers.blms@gmail.com](mailto:Volunteers.blms@gmail.com)

## **VP Membership**

Nga Selbig

[selbigs@comcast.net](mailto:selbigs@comcast.net)

## **ISF Chair**

Julia Yu

[huinan@yahoo.com](mailto:huinan@yahoo.com)

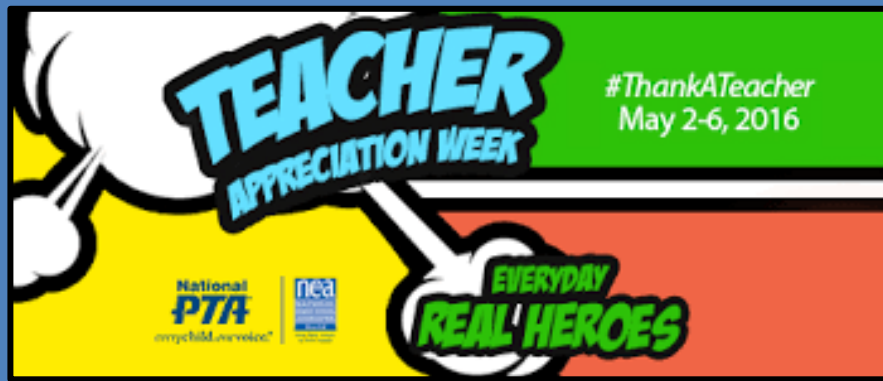
## **Communications Chair**

Andrea Piotraszewski

[apiotras@gmail.com](mailto:apiotras@gmail.com)

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Beaver Lake Middle  
School PTSA and find us  
at our website...

<http://blmsptsa.ourschoolpages.com/Home>



Congratulations!

The Reflections 2016 Washington State PTA awards ceremony was held on April 30th. Ishan Parikh received the Award of Excellence (second finalist in the state) for Visual Arts, and Shreya Masina received the Award of Merit (third finalist in the state) for Visual Arts. Cheers to you both!



## SBAC TESTING SCHEDULE

Smarter Balanced Assessment Testing Window will begin in a few weeks for BLMS. Students with an IEP and our ELL level 1 and 2 students will be testing May 2, 3, 5 and 6.

- 6th grade students will be testing on May 9<sup>th</sup>, 10<sup>th</sup>, 26<sup>th</sup> and 27<sup>th</sup>
- 7th grade students will be testing on May 16<sup>th</sup>, 17<sup>th</sup>, 23<sup>rd</sup> and 24<sup>th</sup>
- 8th grade students will be testing on May 12<sup>th</sup>, 13<sup>th</sup>, 19<sup>th</sup> and 20<sup>th</sup>
- 8th grade students will be taking the Science MSP on May 17<sup>th</sup>

## CAREER FAIR - MORE VOLUNTEERS NEEDED!

This year we are incorporating a career aspect to the spring fling on Monday, June 13<sup>th</sup>. This event will help kids start thinking about their future and the careers they might want to do when they graduate. The Career Fair is an event where adults from the community come to BLMS and do short presentations about their careers in small groups for our 6th and 7th graders.

I'm in recruitment mode, and would like to have at least one volunteer from each of the 16 clusters represented. I'm going for as much variety as possible (i.e. not just all Microsoft employees). Please let me know if you are interested in this wonderful event that will help our young kids plant that seed of interest for their future.

I am looking for:

- People with interesting jobs in a wide variety of careers.
- People who would be engaging for a middle school audience.

Here are some ideas of jobs I'd love to have: Farmer, Landscape Architect, Zoologist, veterinarian, Carpenter, Electrician, Profession Musician or Director, Photographer, Actor/Producer/Director, Event Planner, PR Specialist, Coach or Scout, Museum Curator, Courte Reporter, Emergency Management Worker, Professional Athlete, Chef or Baker, Tour Guide, Therapist, Interpreter, Rec Center Program Director, Multimedia Artists and Animators, Correctional Officer, Firefighter, Judge, Lawyer, Aircraft Mechanic, Welder, Fashion Designer, Interior Designer, Floral Designer, Real Estate Agent, Epidemiologist, Archeologist, Pitot, Flight Attendant, Fish & Game Warden and so on.

These are ideas to get you thinking. Please let Darlene Klassen know, [klaasend@issaquah.wednet.edu](mailto:klaasend@issaquah.wednet.edu), if you or someone you know will be a great fit!

Thank you!  
Stacy Cho  
Principal



- Weds., May 4: Mid-Tri
- Weds., May 11, 8:45-9:45 a.m.: Volunteer Breakfast
- Fri., May 13, 10:30 a.m.-noon: Student Store Lunches
- Weds., May 18, 6-8:30 p.m.: NJHS Induction Ceremony
- Mon., May 23, 8:45-10 a.m.: PTSA Meeting & Pastries with the Principal
- Mon., May 30: Memorial Day
- Weds., June 1, 7-8 p.m.: Orchestra Concert
- Thurs., June 2: Last Day for Activity Bus
- Fri., June 3, 7:45-8:45 a.m.: Recognition Ceremony
- Mon., June 6, 2:15-3:15 p.m.: Site Council
- Tues., June 7, 7:30-8:30 p.m.: Choir Concert
- Weds., June 8, 7-8 p.m.: Band Concert
- Fri., June 10, 5:30-7 p.m.: Choir Banquet
- Weds., June 15, 8:30-9:30 a.m.: 8<sup>th</sup> Grade Promotion Ceremony
- Weds., June 15: Half Day for Grading, 10:25 a.m. Dismissal
- Thurs., June 16, 7:45-8:45 a.m.: End of Year Assembly
- Thurs., June 16: Last Day of School, 9:40 a.m. Dismissal



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# HEALTHY MIND BODY AND SPIRIT

## Mindful Hearts and Minds SAMMAMISH COMMUNITY YMCA

Learn a specific way of paying attention to your breath, your body and your thoughts and the world around you. Mindfulness is “paying attention here and now, with kindness and curiosity, and then choosing your behavior”. Mindfulness increases attention, focus, emotional regulation, sense of calm, relaxation, self-acceptance, quality of sleep, social skills, athletic performance, relationships, and decreases stress, anxiety and depression. This eight week program is taught by Pediatric Healthcare Professionals. Open to teens in grades 6-8.

**WHEN:** Session runs April 29 - June 10  
**TIME:** Fridays 4:30—5:30pm  
**LOCATION:** SAMMAMISH COMMUNITY YMCA  
831 228th Ave SE  
Sammamish, WA 98075  
425.391.4840  
sammamishymca.org



**REGISTER NOW**

Everyone is welcome. The YMCA of Greater Seattle strengthens communities in King and south Snohomish counties through youth development, healthy living and social responsibility. Financial assistance is available.



EASTSIDE CATHOLIC

# Join us for summer

June - Aug



Featured Program:

# Mindfulness/Yoga

## 2016 Camp Details:

Led by Instructor Jeeta Sahota of Mindful Hearts and Minds, in this camp you will learn the specific way of paying attention to your breath, your body, your thoughts and the world around you. Mindfulness increases attention, focus, emotional regulation, sense of calm, relaxation, self-acceptance, quality of sleep, social skills, athletic performance, relationships and can decrease stress, anxiety and depression. Students will experience mindful eating, mindful listening, and mindfulness in art, music, dance and yoga.

**Register today!**

[eastsidecatholic.org/summer](http://eastsidecatholic.org/summer)

**Dates:** June 20 - 23

**Grades:** 5 - 8, Co-Ed

**Time:** 9 a.m. - noon



# Plan your summer

REGISTER TODAY!

[eastsidecatholic.org/summer](http://eastsidecatholic.org/summer)

Athletic Camps	Grade in 2016-17	Date
Boys Basketball	3 - 5 Boys	June 20 - 23
Boys Basketball	6 - 8 Boys	June 20 - 23
Girls Lacrosse	4 - 8 Girls	June 21 - 23
Ultimate Frisbee	4 - 7 Co-Ed	June 27 - 30
Girls Basketball	3 - 8 Girls	July 11 - 14
Football	1 - 8 Boys	July 18 - 20
Cheer	K - 4 Girls	July 18 - 21
Cheer	5 - 8 Girls	July 18 - 21
Girls Volleyball	3 - 8 Girls	July 25 - 28
Ultimate Frisbee	8 - 10 Co-Ed	July 25 - 28

Enrichment Camps	Grade in 2016-17	Date
Mindfulness/Yoga	5 - 8	June 20 - 23
Mindfulness/Yoga	9 - 12	June 20 - 23
Drawing and Painting	5 - 8	June 27 - 30
Pre-Algebra Preparatory	6 - 7	June 27 - 30
Dance Camp - Gotta Dance	K - 4	June 27 - 30
Algebra Preparatory (two week course)	7 - 9	July 11 - 14 and July 18 - 21
Arts and Craft - Spark Your Creativity	K - 4	July 11 - 14
Cartooning - Turning Doodles into Art	4 - 8	July 11 - 14
Community Service Camp	6 - 12	July 11 - 14
Photography - Youth in Focus	4 - 8	July 11 - 14
Computer Programming: A Game from Scratch	5 - 8	July 18 - 21
Mad Science - Gross-Out Camp	1 - 6	July 18 - 21
Computer Programming: Leveling Up - CS2	5 - 8	July 25 - 28
Drama Camp - Thespians in Training	8 - 10	July 25 - 28
Manners & Etiquette - Pass the Manners Please	5 - 8	July 25 - 28
Astronomy - Journey into Space	5 - 8	August 1 - 4
Common Application and Essay Writing	11 - 12	August 1 - 4
Mad Science - Eureka! The Invention Camp	1 - 6	August 1 - 4
Hiking and Biking Camp - Explore the Outdoors	8 - 12	August 1 - 4



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