



# Bulldog Bytes

Beaver Lake Middle School PTSA 2.6.33 [www.blmsptsa.ourschoolpages.com](http://www.blmsptsa.ourschoolpages.com) January 2016  
25025 SE 32<sup>nd</sup> St. Issaquah WA 98029 [blmsptsa@gmail.com](mailto:blmsptsa@gmail.com) Volume 10, Issue 5

Hello Beaver Lake Families!

Happy New Year! May 2016 bring you happiness and health! As we kick off a new calendar year, we are already thinking about next year and putting together a new board for 2016-2017. The first step is to form a nominating committee. This is a great opportunity for you to make a short term volunteer commitment in a job that makes a big difference. We need 3-5 members by January 25th who would like to meet (maybe over coffee?) a couple of times to recruit a slate of new board members. We have a deadline to form the nominating committee, because they must be approved at the General Meeting before they begin work. The committee will have a couple of months to get their work done. If you are interested in joining, or if you know someone who would make a great candidate, please contact Pam Gross or Amy Teeters

**Tuesday, January 26<sup>th</sup>** is a busy day for BLMS PTSA. In the morning, join us for our General Meeting at 8:30am in the school library. We will be voting in our Nominating Committee. Then in the evening, we have our 2<sup>nd</sup> annual BLMS Talent Show. Come see all our talented students perform that night. We know it will be a fabulous night!

Also, mark your calendar for **April 21<sup>st</sup> at 7:00pm**. We have an amazing speaker coming to BLMS once again. Sivie Suckerman, a licensed mental health counselor and certified Mindful Schools instructor, will present techniques and strategies for mindfulness at home and in the classroom.

Mindfulness has been described as bringing moment-to-moment awareness of thoughts, feelings, bodily sensations and surrounding environment. Such practices have been used by schools and companies, such as Google and Facebook, to strengthen focus, decrease anxiety and encourage creativity.

Finally, we want to thank you for the support you gave BLMS PTSA in 2015. We've already done so much in the first four months of school. We have also been able to grant so many teacher/staff requests with our Bucks for Bulldogs program. All these wonderful grants were possible through our Pass The Hat donations. Remember, it's never too late to make a donation, and all are put back to good use here at BLMS and essentially benefit your kids.

Here's to a New Year and all that we can accomplish as a community. Thank you for your dedication to your student, our BLMS community and those that we can positively impact when we work together.

Cheers,  
**Pam Gross & Amy Teeters**  
BLMS PTSA Co-Presidents

"Like" us on Facebook at Beaver Lake Middle School PTSA and find us at our website...  
<http://blmsptsa.ourschoolpages.com/Home>



## **PTSA Co-Presidents**

Amy Teeters  
Pam Gross

[blms.president@gmail.com](mailto:blms.president@gmail.com)

## **Treasurer**

Bona Park

[chris\\_bona@msn.com](mailto:chris_bona@msn.com)

## **Secretary**

Krystl McCandlish

[krystlm@hotmail.com](mailto:krystlm@hotmail.com)

## **Co-VP Volunteers**

Susan Brandes

Bridget Salmick

[Volunteers.blms@gmail.com](mailto:Volunteers.blms@gmail.com)

## **VP Membership**

Nga Selbig

[selbig@comcast.net](mailto:selbig@comcast.net)

## **ISF Chair**

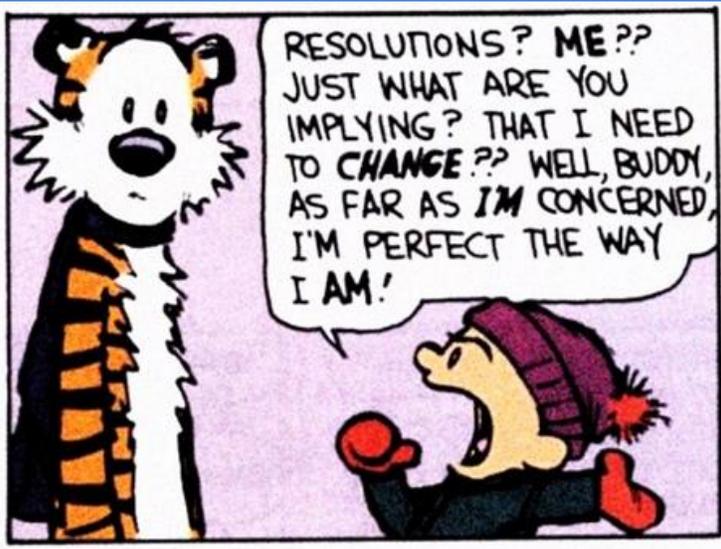
Julia Yu

[huinan@yahoo.com](mailto:huinan@yahoo.com)

## **Communications Chair**

Andrea Piotraszewski

[apiotras@gmail.com](mailto:apiotras@gmail.com)



## Thank You Staff Appreciation Volunteers

Let's give a 3 apron cheer for our wonderful cooks who helped us provide a heart warming lunch of soups, chilis and salads for our hard working staff at our most recent staff appreciation lunch on Dec. 11th. The sweet treats were also very much appreciated.

Thank you: Martine Yeoman, Brooke Daggett, Janet Neese, Carolyn Scurrrell, Bridget Salmick, Neena Rana, Kristen Morrissey, Kim Givens, Krystl McCandlish, Birgitta Thrane, Diana Brown, Carol Folkman, Kim Olsen, Gina Jacobs, Sonia Correya, Kristen Maginnis, Jahna Pahl, Lisa Bailser, Jennifer Strach, Stephanie Mallory, Molly Baker, Alice Guilbert, Gloria Marinescu, Liliana Sambotin, Sravani Cheeti, Khristie Tobler, Sara Manning, Laura Laudolff, May Gauvin.

Our next staff appreciation lunch will be Jan. 22.

Bon Appetit!

**Lauri Kinnan and Teresa Czaja**  
Co-Chairs, Staff Appreciation Lunches



## MARK YOUR CALENDAR



- Weds., Jan. 13, 3:20-4:50 p.m.: Little Mermaid Jr. Rehearsals Begin
- Fri., Jan. 15, 11:30-noon: Student Store Lunches
- Mon., Jan. 18: MLK Jr. Day - No School
- Mon., Jan. 25: Teacher Work Day – No School
- Tues., Jan. 26, 8:45-10 a.m.: PTSA Meeting/Pastries with the Principle
- Tues., Jan. 26, 6:30-9:00 p.m.: Talent Show
- Weds., Jan. 27: Mid-Tri
- Thur., Jan. 28: JA Finance Field Trip/8<sup>th</sup> Grade
- Thurs., Jan. 28, 2:15-3:15 p.m.: Wrestling Banquet
- Fri., Jan. 29: JA Finance Field Trip/8<sup>th</sup> Grade